

# DeRuyter 9-12 Menu October 2017

Menu Subject to Change

School District Is An Equal Opportunity Provider and Employer

## MONDAY

2 Chili Dog

Seasoned Carrots  
California Blend  
Vegetable

9

NO School  
Columbus Day

16 Chicken Patty on a  
Whole Grain Bun

Seasoned Corn  
Seasoned Green Beans

23 Pizza Crunchers  
w/ Sauce

Seasoned Carrots  
Seasoned Green Beans

30 Popcorn Chicken  
w/ Biscuit

Baked French Fries  
Seasoned Carrots

## TUESDAY

3 Bacon Cheese  
Burger Deluxe

Sweet Potato Bites  
Baked Beans

10 White Chicken Chili  
w/ Corn Bread

Seasoned Carrots  
Seasoned Green Beans

17 Philly Cheese Steak

BBQ Baked Beans  
Sweet Potato Fries

24 Turkey & Cheese  
Panini

Sweet Potato Bites  
BBQ Baked Beans

31 Beef

Nachos  
Brown Rice  
Cheesy Bean Dip  
Seasoned Corn

## WEDNESDAY

4 Baked Rotini w/  
Meatballs  
Cheesy Breadstick

Seasoned Green Beans  
Garden Salad w/

11 Brunch 4 Lunch  
w/ Sausage

Hash Brown Patty  
100% Fruit-Vegetable  
Juice

18 Macaroni & Cheese  
w/ Dinner Roll

Seasoned Carrot Fries  
California Blend  
Vegetable  
Peanut butter krispy

25 Brunch 4 Lunch  
w/ Sausage

Hash Brown Patty  
100% Fruit-Vegetable  
Juice

## THURSDAY

5 Chicken Alfredo w/  
Garlic Rip Stick

Broccoli  
Seasoned Corn

12 Beef (Taco w/ Lettuce,  
Tomato, & Cheese  
Brown Rice  
Black Bean & Corn Salsa  
Seasoned Corn

19 Hot Turkey  
w/Gravy & Biscuit

Mashed Potatoes  
Corn

26 Chicken & Potato  
Bowl w/ Biscuit

Mashed Potatoes  
California Blend  
Vegetable

## FRIDAY

6

No School  
Staff Day

13 Nordone's  
Pizza

Garden Salad w/  
Dressing  
Seasoned Broccoli

20 Personal Pan  
Pizza

Garden Salad w/  
Dressing  
Seasoned Broccoli

27 Nordone's  
Pizza

Garden Salad w/  
Dressing  
Seasoned Broccoli

### Available Daily

variety of ...

Pizzas,

Fresh Chef salads Assorted  
sandwiches and wraps.

Burgers and Chicken

PB & J and Yogurt Meal  
also available

Monday- Pulled Pork

Tuesday – Chicken Patty

Wednesday – Cheeseburger

Thursday – Assorted Panini  
Sandwich

Friday- Fish Sandwich

Breakfast \$1.25

Lunch

K-8 \$2.00

9-12 \$2.20

Milk \$0.50

Visit our website to print an  
application and to

View menus.

[www.deruytercentral.org](http://www.deruytercentral.org)

### Available with All Lunches

Assorted Fruit Cups

Milk Choice

Trivia:

True or False?

Ginger is a root vegetable.

TRUE