

DeRuyter High School Menu November 2017

Menu Subject to Change

DeRuyter School District Is An Equal Opportunity Provider and Employer

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Available Daily

A variety of ...
Pizzas,
Fresh Chef salads Assorted
sandwiches and wraps.

PB & J and Yogurt Meal
also available

Monday- Pulled Pork
Tuesday – Breaded Chicken
Sandwich
Wednesday – Cheeseburger
Thursday – Assorted Panini
Sandwich
Friday- Fish Sandwich

Breakfast	\$1.25
Lunch	
K-8	\$2.00
9-12	\$2.20
Milk	\$0.50

Visit our website to print an
application and to
View menus.
www.deruytercentral.org

Trivia:
Kale, spinach, and squash
are all high in what main
nutrient?

Available with All Lunches

Assorted Fruit Cups & Fresh Fruit
Milk Choice

1 Ham & Cheese
Panini

Sweet Potato Gems
California Blend
Vegetable

2 Pasta & Meatballs
w/ Texas Toast

Seasoned Green Beans
Garden Salad w/
Dressing

3 Assorted Pizza

Garden Salad w/
Dressing
Seasoned Broccoli

6 Chicken Riggies
Texas Toast

Seasoned Green
Beans
California Blend
Vegetable

7 Brunch 4 Lunch
w/ Sausage

Hash Brown Patty
100% Fruit-Vegetable
Juice

8 Breaded Oven Baked
Chicken on the Bone

French Fries
Steamed Carrots

9 Staff Day

No School

10 Veterans
Day

No School

13 Chili Cheese Dog

Seasoned Carrots
California Blend
Vegetable

14 BBQ Rib Sandwich

Sweet Potato Bites
Baked Beans

15 Baked Rotini
w/ Cheesy Breadstick

Seasoned Green Beans
Garden Salad w/
Dressing

16 Hot Turkey
w/ Gravy

Mashed Potatoes
Butternut Squash
Stuffing

17 Assorted Pizza

Garden Salad w/
Dressing
Seasoned Broccoli

20 Pizza Crunchers
w/ Sauce

Corn
Glazed Carrots

21 Chicken & Pasta
Alfredo
Garden Salad w/
Dressing
Seasoned Green
Beans

22 Assorted Pizza

Seasoned Green
Beans
Seasoned Broccoli
Early Dismissal

23 Thanksgiving
Recess

No
School

24 Thanksgiving
Recess

No
School

27 Popcorn Chicken
w/ Rip Stick

Sweet Potato Gems
Baked Beans

28 White Chicken Chili
w/ Corn Bread

Seasoned Carrots
Seasoned Green Beans

29 Brunch 4 Lunch
w/ Sausage

Hash Brown Patty
100% Fruit-Vegetable
Juice

30 Beef Taco w/ Lettuce,
Tomato, & Cheese

Black Bean & Corn Salsa
Seasoned Corn