

DeRuyter 9-12 Lunch Menu

May 2019

Menu Subject to Change

DeRuyter Central School District Is An Equal Opportunity Provider and Employer

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Second Choice

Available with All Lunches

Assorted Fruit Cups
Milk Choice

1 Pasta & Meatballs
w/ Garlic Bread Stick

Seasoned Green Beans
Garden Salad w/
Dressing

2 Walking Taco

Cheesy Bean Dip
Seasoned Corn
Fresh Fruit

3 Homemade
Pizza

Garden Salad w/
Dressing
Seasoned Broccoli
Fresh Fruit

Monday – Popcorn Chicken
w dinner Roll

Tuesday – Salad Bar
Wednesday- Egg Salad
Sandwich

Thursday – Chicken Patty

Friday – Cheeseburger

6 Pulled Pork On A
WG Roll

BBQ Baked Beans
Sweet Potato Fries

7 Breakfast Sandwich
w/ Sausage

Tater Tots
100% Fruit-Vegetable
Juice
Fresh Fruit

8 Toasted Cheese
Sandwich

Tomato Soup w/
Crackers
Garden Salad w/
Dressing

9 Chicken & Potato
Bowl w/ Biscuit

Mashed Potatoes
Seasoned Corn
Fresh Fruit

10 Personal Pan
Pizza

Garden Salad w/
Dressing
Seasoned Broccoli
Fresh Fruit

PB & J and Yogurt Meal
also available

Breakfast & Lunch are FREE
to ALL Students

13 Pizza Crunchers w/
sauce

Seasoned Carrots
Celery w/ Dip

14 Garlic Parmesan
Chicken
w/ Texas Toast

Mashed Potatoes
Seasoned Green Beans
Fresh Fruit

15 Cheeseburger on
a WG Bun

Seasoned Carrots
Sweet Potato Fries

16 Beef & Cheese
Nachos

Refried Beans
Seasoned Corn
Fresh Fruit

17 Homemade
Pizza

Garden Salad w/
Dressing
Seasoned Broccoli
Fresh Fruit

Milk \$0.50

Visit our website to print
an application and to
view menus.

www.deruytercentral.org

20 Mac & Cheese w/
Dinner Roll

Seasoned Carrots
Corn

21 Mini Pancakes
w/ Sausage

Tater Tots
100% Fruit-Vegetable
Juice
Fresh Fruit

22 Meatball Sub
On Whole Grain Roll

Garden Salad w/
Dressing
Green Beans

23 Cheeseburger on a
WG Roll

Sweet potato Fries
Baked Beans
Fresh Fruit

24 Homemade Pizza

Garden Salad w/
Dressing
Seasoned Broccoli
Fresh Fruit

What is the name of the
scale used to measure the
spicy heat of peppers?

27 Memorial
Day

No
School

28 Cheeseburger on a
WG Roll

Sweet Potato Gems
Baked Beans
Fresh Fruit

29 Rocket Platter
Popcorn Chicken &
Pizza Dippers w/ Sauce

French Fries
Carrots w/ dip

30 Orange Chicken
w/ Low Mein

Seasoned Corn
Fresh Fruit

31 Homemade
Pizza

Garden Salad w/
Dressing
Seasoned Broccoli
Fresh Fruit

Scoville Scale