

DeRuyter 9-12 Lunch Menu

March 2019

Menu Subject to Change

DeRuyter Central School District Is An Equal Opportunity Provider and Employer

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Available Daily

A variety of ...
Pizzas

PB & J and Yogurt Meal
also available

Second Choice

Monday – Hot meatball Sub
Tuesday – Salad Bar
Wednesday – Hot Dog
Thursday – Salad Bar
Friday – Egg Salad Sandwich

Breakfast & Lunch are
FREE to all Students

Visit our website to print an
application and to
view menus.

www.deruytercentral.org

Sauerkraut is made from
what finely chopped
vegetable?

Cabbage

Available with All Lunches

Assorted Fruit Cups
Milk Choice

4 Popcorn Chicken
W/ WG Roll

Baked Beans
Sweet Potato Fries

5 Mini Pancakes
w/ Sausage

Tater Tots
100% Fruit-Vegetable
Juice
Fresh Fruit

6 Chicken Riggies w/
Texas Toast

Green Beans
Garden Salad w/
Dressing

7 Orange Chicken w/
Lo Mien

Seasoned Carrots
Broccoli
Fresh Fruit

8 Nardone's
Pizza

Garden Salad w/
Dressing
Seasoned Broccoli
Fresh Fruit

11 Chicken Patty on a
WG Bun

Baked Beans
Sweet Potato Fries

12 Pizza Crunchers
w/ Sauce

Corn
Carrots
Fresh Fruit

13 Toasted Cheese

Garden Salad
Tomato Soup w/
Crackers

14 Garlic Parmesan
Chicken
w/ Texas Toast

Mashed Potatoes
Spinach

15 Homemade
Pizza

Garden Salad w/
Dressing
Seasoned Broccoli
Fresh Fruit

18 BBQ Rib
Sandwich

BBQ Baked Beans
Sweet Potato Fries

19 Breakfast Sandwich
w/ Sausage

Tater Tots
100% Fruit-Vegetable
Juice
Fresh Fruit

20 Toasted Cheese
Sandwich

Tomato Soup w/
Crackers
Garden Salad w/
Dressing

21 Chicken & Potato
Bowl w/ Biscuit

Mashed Potatoes
Seasoned Corn
Fresh Fruit

22 Personal Pan
Pizza

Garden Salad w/
Dressing
Seasoned Broccoli
Fresh Fruit

25 Ham & Cheese
Panini

Seasoned Carrots
Sweet Potato Fries

26 Cheeseburger on a
WG Bun

French Fries
Seasoned Green Beans
Fresh Fruit

27 Macaroni & Cheese
w/ Dinner Roll

Seasoned Carrots
Celery w/ Dip

28 Soft Taco

Refried Beans
Seasoned Corn
Fresh Fruit

29 Homemade
Pizza

Garden Salad w/
Dressing
Seasoned Broccoli
Fresh Fruit