

DeRuyter School K-8 Menu

January 2019

Menu Subject to Change

DeRuyter Central School District Is An Equal Opportunity Provider and Employer

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Holiday Recess No School	2 Holiday Recess No School	3 Baked Chicken w/ Dinner Roll Mashed Potatoes w/ Gravy Corn	4 Assorted Pizza Garden Salad Broccoli
7 Popcorn Chicken w/ Biscuit Baked French Fries Seasoned Carrots	8 Cheeseburger Sweet Potato Gems Baked Beans Fresh Fruit	9 DeRuyter Style Mac & Cheese w/ Dinner Roll Seasoned Green Beans Spinach	10 Orange Chicken w/ Low mein Stir Fried Broccoli Carrots Fresh Fruit	11 Homemade Pizza Garden Salad w/ Dressing Seasoned Broccoli Fresh Fruit
14 Chili Dog on a WG Roll Baked Beans Potato Gems	15 Mini Pancakes w/ Sausage Hash Brown Patty 100% Fruit-Vegetable Juice Fresh Fruit	16 Meatball Sub On whole Grain Roll Carrots Garden Salad w/ Dressing	17 Cowboy Chili w/ Corn Bread Seasoned Carrots Seasoned Green Beans Fresh Fruit	18 Nardone's Pizza Garden Salad w/ Dressing Seasoned Broccoli Fresh Fruit
21 Martin Luther King Day No School	22 Pizza Crunchers w/ Sauce Carrots Celery w/ Dip Fresh Fruit	23 Pasta & Meatballs w/ Garlic Break Stick Seasoned Green Beans Garden Salad w/ Dressing	24 Soft Beef Taco Cheesy Bean Dip Seasoned Corn Fresh Fruit	25 Homemade Pizza Garden Salad w/ Dressing Seasoned Broccoli Fresh Fruit
28 Pulled Pork On A WG Roll BBQ Baked Beans Sweet Potato Fries	29 Breakfast Sandwich w/ Sausage Tater Tots 100% Fruit-Vegetable Juice Fresh Fruit	30 Toasted Cheese Sandwich Tomato Soup w/ Crackers Garden Salad w/ Dressing	31 Chicken & Potato Bowl w/ Biscuit Mashed Potatoes Seasoned Corn Fresh Fruit	Available with All Lunches Assorted Fruit Cups Milk Choice

Available Daily

PB & J and Yogurt Meal

Second Choice

Monday – Cheeseburger
Tuesday – Chicken Patty
Wednesday – Deli Wrap
Thursday – Hot Dog
Friday – Fish

Breakfast and Lunch Are Free for Every Student

Visit our website to print an application and to view menus.

www.deruytercentral.org

True or False
“Multigrain” breads are always whole grain?

False
(Multi-grain only means that multiple grains are used. The grains could still be refined.)