

# DeRuyter High Menu

Menu Subject to Change

DeRuyter School District Is An Equal Opportunity Provider and Employer

# April 2019

## MONDAY

**1** Cheeseburger On A  
WG Bun  
  
Seasoned Carrots  
Green Beans

**8** Orange Chicken  
w/ Low Mien  
Noodles  
  
Broccoli  
Seasoned Carrots

**15** Spring  
Recess  
  
No  
School

**22** Cheeseburger on a  
WG Bun  
  
Baked Beans  
Sweet Potato Fries

**29** Popcorn Chicken  
w/ Dinner Roll  
  
Seasoned Carrots  
Sweet Potato Fries

## TUESDAY

**2** Mini Pancakes  
w/ Sausage  
  
Tater Tots  
100% Fruit-Vegetable  
Juice  
Fresh Fruit

**9** Chicken Patty On A  
WG Bun  
  
Sweet Potato Gems  
Baked Beans  
Fresh Fruit

**16** Spring  
Recess  
  
No  
School

**23** Oven Roasted  
Chicken w/ Dinner Roll  
  
Baked French Fries  
Corn  
Fresh Fruit

**30** Pizza Crunchers  
w/ Sauce  
  
Carrots  
Celery w/ Dip  
Fresh Fruit

## WEDNESDAY

**3** BBQ Chicken w/  
Dinner Roll  
  
Sweet Potato Bites  
Baked Beans

**10** DeRuyter Style Mac  
& Cheese w/ Dinner  
Roll  
  
Seasoned Green Beans  
Garden Salad w/  
Dressing

**17** Spring  
Recess  
  
No  
School

**24** Spaghetti w/  
Meatballs  
Texas Toast  
  
Green Beans  
Garden Salad w/  
Dressing

## THURSDAY

**4** Hot Turkey  
w/ Gravy & Biscuit  
  
Mashed Potatoes  
Seasoned Corn  
Fresh Fruit

**11** Beef Taco w/ Lettuce  
& Cheese  
  
Cheesy Bean Dip  
Seasoned Corn  
Fresh Fruit

**18** Spring  
Recess  
  
No  
School

**25** Soft Beef Taco W/  
Lettuce & Cheese  
  
Seasoned Carrots  
Cheesy Bean Dip  
Fresh Fruit

## FRIDAY

**5** Nardone's Pizza  
  
Garden Salad w/  
Dressing  
Seasoned Broccoli  
Fresh Fruit

**12** Homemade  
Pizza  
  
Garden Salad w/  
Dressing  
Seasoned Broccoli  
Fresh Fruit

**19** Good  
Friday  
  
No  
School

**26** Nardone's  
Pizza  
  
Garden Salad w/  
Dressing  
Seasoned Broccoli  
Fresh Fruit

## Second Choice Meal

Monday- Chicken Patty  
Tuesday – Popcorn  
Chicken w/ Roll  
Wednesday – Turkey  
Salad Wrap  
Thursday – Salad Bar  
Friday – Egg Salad

Available Daily  
A variety of ...  
Pizzas, Fresh Chef  
salads

PB & J and Yogurt Meal  
also available

**BREAKFAST AND  
LUNCH ARE FREE FOR  
ALL STUDENTS**  
Milk \$0.50

Visit our website to  
print an application  
and to view menus.  
[www.deruytercentral.org](http://www.deruytercentral.org)

True or False  
Milk is a good post –  
exercise choice

True  
Milk contains protein,

## Available with All Lunches

Assorted Fruit Cups  
Milk Choice